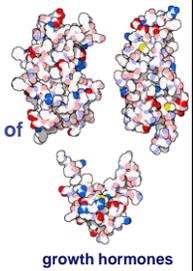


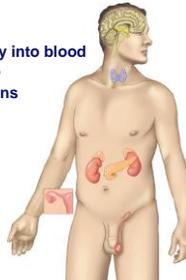
Regulation

- Why are hormones needed?
 - chemical messages from one body part to another
 - communication needed to coordinate whole body
 - daily homeostasis & regulation of large scale changes
 - solute levels in blood
 - glucose, Ca⁺⁺, salts, etc.
 - metabolism
 - growth
 - development
 - maturation
 - reproduction



Regulation & Communication

- Animals rely on 2 systems for regulation
 - endocrine system**
 - system of ductless glands
 - secrete chemical signals directly into blood
 - chemical travels to target tissue
 - target cells have receptor proteins
 - slow, long-lasting response
 - nervous system**
 - system of neurons
 - transmits "electrical" signal & release neurotransmitters to target tissue
 - fast, short-lasting response



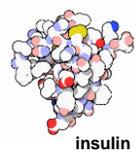
Regulation by chemical messengers

- Neurotransmitters** released by neurons
- Hormones** release by endocrine glands

neurotransmitter, endocrine gland, hormone carried by blood, receptor proteins, target cell, Lock & Key system

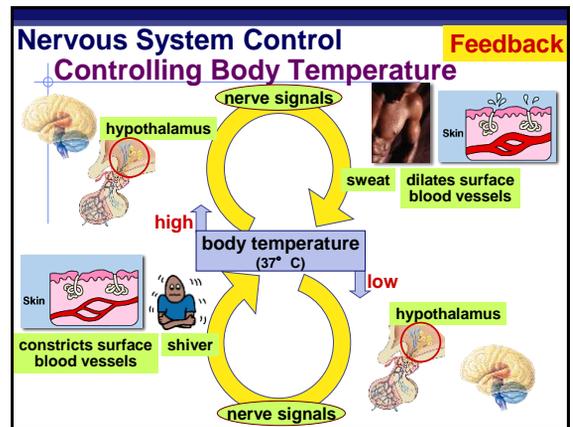
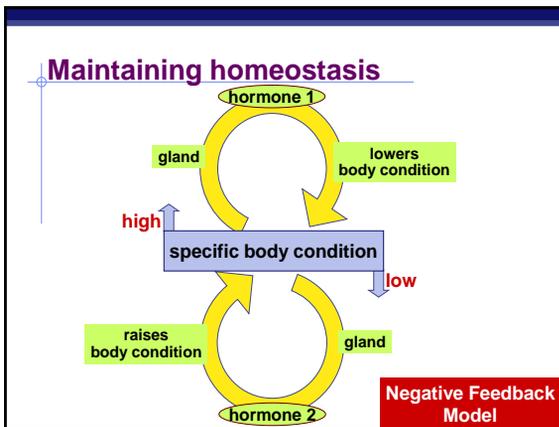
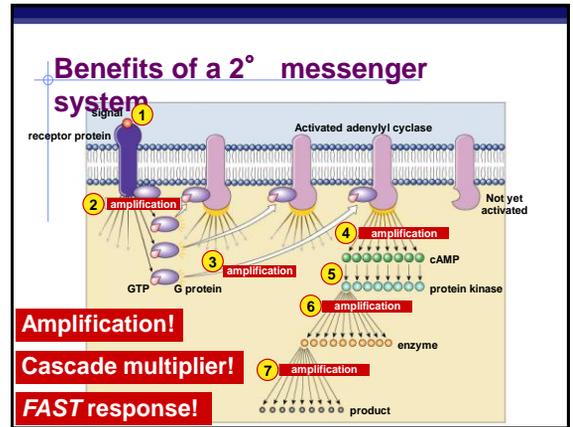
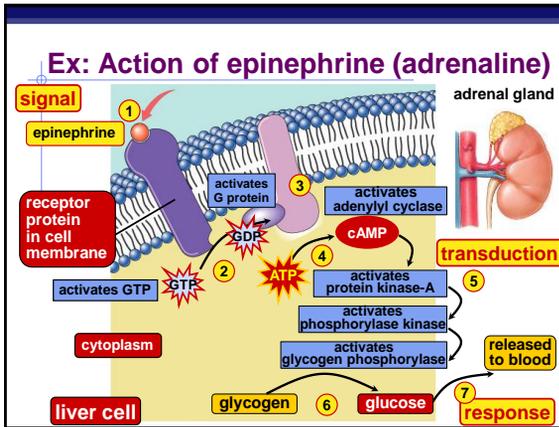
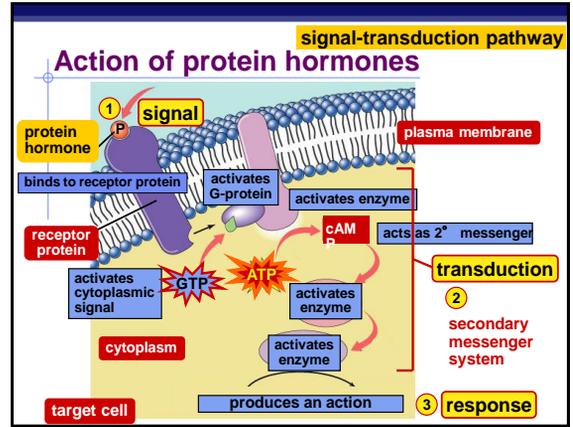
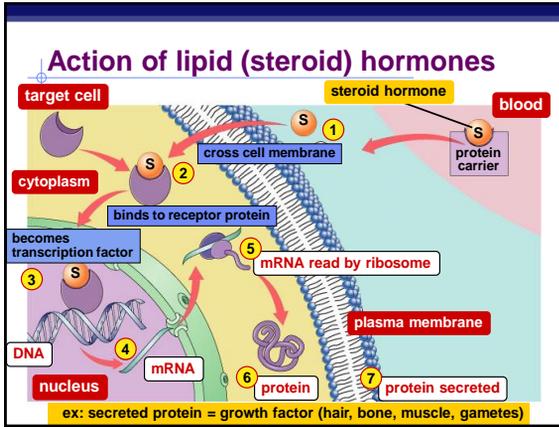
Classes of Hormones

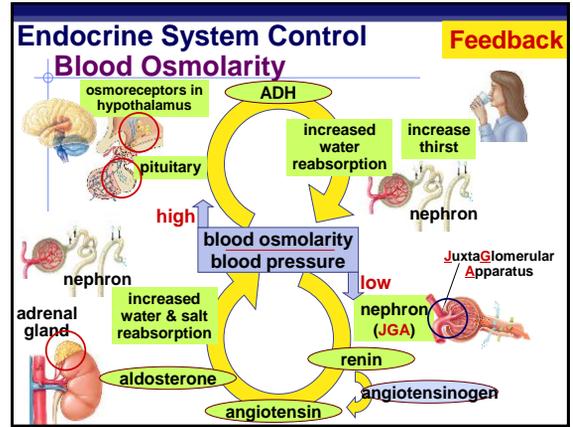
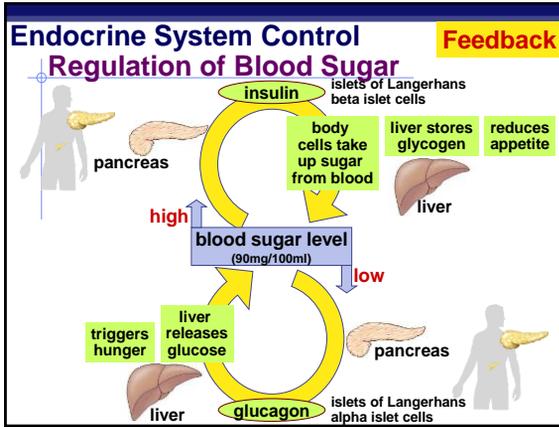
- Protein-based hormones**
 - polypeptides
 - small proteins: **insulin, ADH**
 - glycoproteins
 - large proteins + carbohydrate: **FSH, LH**
 - amines
 - modified amino acids: **epinephrine, melatonin**
- Lipid-based hormones**
 - steroids
 - modified cholesterol: **sex hormones, aldosterone**



How do hormones act on target cells

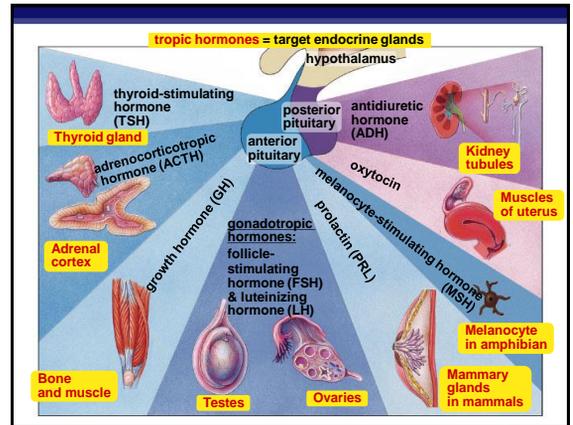
- Lipid-based hormones**
 - hydrophobic & lipid-soluble
 - diffuse across cell membrane & enter cells
 - bind to **receptor proteins in cytoplasm & nucleus**
 - bind to DNA as **transcription factors**
 - turn on genes
- Protein-based hormones**
 - hydrophilic & not lipid soluble
 - can't diffuse across cell membrane
 - bind to **receptor proteins in cell membrane**
 - trigger **secondary messenger pathway**
 - activate internal cellular response
 - enzyme action, uptake or secretion of molecules...





Nervous & Endocrine systems linked

- Hypothalamus** = “master nerve control center”
 - ◆ **nervous system**
 - ◆ receives information from nerves around body about internal conditions
 - ◆ **releasing hormones**: regulates release of hormones from pituitary
- Pituitary gland** = “master gland”
 - ◆ **endocrine system**
 - ◆ secretes broad range of “tropic” hormones regulating other glands in body



Homology in hormones

What does this tell you about these hormones?
How could these hormones have different effects?

prolactin (same gene family, gene duplication?) → **growth hormone**

Species	Effect
mammals	milk production
birds	fat metabolism
fish	salt & water balance
amphibians	metamorphosis & maturation
growth hormone	growth & development

Regulating metabolism

- Hypothalamus**
 - ◆ **TRH** = **TSH-releasing hormone**
- Anterior Pituitary**
 - ◆ **TSH** = **thyroid stimulating hormone**
- Thyroid**
 - ◆ produces **thyroxine hormones**
 - ◆ metabolism & development
 - bone growth
 - mental development
 - metabolic use of energy
 - blood pressure & heart rate
 - muscle tone
 - digestion
 - reproduction

